

KANSARKA SAMBABKA

ee lagu qaado Masonic Cancer Center



MASONIC CANCER CENTER

UNIVERSITY OF MINNESOTA

ARRIMAHAA KHATARTA KEENA

- Qof walba oo leh sambab waa uu ku dhici karaa kansarka sambabka
- Da'da Wayn
- cabista Sigaar
- Waxyaabaha kuu dhaw, sida:
 - Hawada wasakheysan
 - Gaaska
 - Dabiiciga ah Macdanta aan indhuuhu qaban
 - Kiimikooyinka kujira biyaha (sida benzene iyo arsenic)

ASTAAMAHAA IYO CALAAMADAHAA



Dhuminta miisaanka
sabab la'aan



Burikiito ama oof wareen
muddo dheer jirta



Dhuminta oomateedka



Qufac aan dhammaan ama
isbadelo (sida codka faraska)



Neef yari



Quficida dhiig



Daciifnimo ama daal



Xabad xanuun

HABRAACYADA BAARITAANKA

- Dadka waawayn ee 50-80 sano jirka ah ee cabu sigaarka ama cabu jiray sigaarka waa inay maraanbaaritaanka sambabka ee gaarka ah (iskaanka CT) sanad walba
- Kala hadal dhakhtarkaaga si aad u oggaato inaad u baahan tahay iskaanka sambabka

KAHORTAGA

- Iska jooji sigaarka
- Ka baar gurigaaga gaaska dabiiciga ah
- Samee jimisci joogto ah
- Cun khudaar iyo miro badan
- Iska ilaali inaad banaanada aado marka hawadu wasakheysan tahay
- Mar baaritanadaada kansarka sambabka ee sanadlaha ah

WAAN KU CAAWIN KARNAAD:

- Raadi dhakhtar kansar
- Hel dookhyada tijaabada caafimaadka ama iska diiwaangeli
- Ku xirnoow adeegyada laga heli karo isbitalalada UMN iyo rugaha caafimaadka
- Hel khayraadka loogu talagalay bukaanada, qoysaska, iyo daryeel bixiyaasha

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*Iskaan mari Ilaha Xiriirkha Bulshada
iyo Ka qaybgalka*



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