

# MOB KHEES XAWS



nrog Masonic Cancer Center



MASONIC CANCER CENTER

UNIVERSITY OF MINNESOTA

## COV KEV PHEEJ HMOO

- Hnub nyoog siab dua
- Cov kab mob plab hnyuv xws li Crohn's los sis txoj hnyuv loj muaj kiav txhab
- Keeb kwm tsev neeg txog ntawm khees xaws hnyuv loj
- Rog dhau
- Kev haus luam yeeb
- Kev haus cawv
- Kev noj hom nqaij liab thiab nqaij ua tiav ntau

## YAM QHIA THIAB COV TSOS MOB



Muaj kev hloov hauv plab hnyuv (raws plab los sis cem quav heev dua qub tuaj)



Tsis muaj zog los sis qaug zog



Los ntshav ntawm qhov chaw tawm rooj los sis muaj ntshav xyaw quav



Yuag yam tsis tau npaj siab



Mob plab thiab xeev siab



Ntshav qis (anemia)

## COV LUS QHIA TXOG KEV KUAJ XYUAS

- Cov neeg laus hnuv nyoog 45-75 xyoo yuav tsum mus kuaj txog:
  - Kev tsum hnyuv txhua txhua 10 lub xyoo
  - Kuaj quav txhua txhua 1-3 xyoos
- Nrog koj tus kws kho mob tham txog ntawm qhov kev kuaj mob uas zoo tshaj plaws rau koj

## KEV POV THAIV

- Noj txiv hmas txiv ntoo thiab zaub ntau
- Txo nqis kev haus dej qab zib, kev noj hom nqaij liab, thiab cov nqaij ua tiav
- Ua kom lub cev hnyav nyob rau qhov tsis muaj mob
- Tswj ciam kev siv dej caww
- Tawm dag zog yam xwm yeem
- Paub txog keeb kwm ntawm koj tsev neeg
- Tswj koj qhov kev kuaj xyuas khees xaws hnyuv kom cuag nua

## PEB TUAJ YEEM PAB TAU KOJ:

- Nrhiav ib tug kws kho mob khees xaws
- Nkag mus rau cov kev xaiv txog kev sim kuaj mob los sis kev tso npe nkag
- Ua kom tau txuas nrog cov kev pab cuam uas muaj nyob hauv cov tsev kho mob thiab chaw kho mob ntawm UMN
- Tau txais cov kev pab txhawb rau cov neeg mob, cov tsev neeg, thiab cov neeg saib xyuas

Hu rau (612) 624-2620 los sis xa email rau [ccinfo@umn.edu](mailto:ccinfo@umn.edu)

*Tshawb nrhiav Kev Tshaj Tawm Hauv Zej Zog thiab Cov Kev Pab Txhawb Txog Kev Sib Koom Tes*



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