

LUNG CANCER

with the Masonic Cancer Center



MASONIC CANCER CENTER

UNIVERSITY OF MINNESOTA

RISK FACTORS

- Everyone with lungs can get lung cancer
- Older age
- Smoking
- Things around you, such as:
 - Polluted air
 - Radon gas
 - Asbestos
 - Chemicals in water (such as benzene and arsenic)

SIGNS & SYMPTOMS



Losing weight without trying



Long-lasting bronchitis or pneumonia



Loss of appetite



Cough that doesn't go away or changes (like sounding hoarse)



Shortness of breath



Coughing up blood



Weakness or tiredness



Chest pain

SCREENING GUIDELINES

- Adults 50-80 years old who smoke or used to smoke should get a special lung scan (CT scan) every year
- Talk to your doctor to see if you need this lung scan

PREVENTION

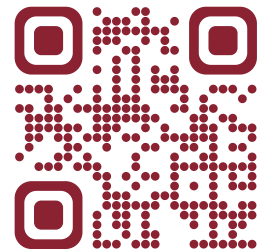
- Quit smoking
- Test your home for radon
- Exercise regularly
- Eat lots of fruits and vegetables
- Avoid being outdoors when the air is polluted
- Stay up-to-date on your annual lung cancer screening

WE CAN HELP YOU:

- Find a cancer doctor
- Access clinical trial options or enrollment
- Get connected to services available at UMN hospitals and clinics
- Receive resources for patients, families, and caregivers

Call (612) 624-2620 or email ccinfo@umn.edu

*Scan for Community Outreach
and Engagement Resources*



umncancer



MasonicCancerCenter



UMNCancer