

# CERVICAL CANCER

## with the Masonic Cancer Center



MASONIC CANCER CENTER

UNIVERSITY OF MINNESOTA

## RISK FACTORS

- Smoking
- HPV (human papillomavirus)
- Immunocompromised

## SIGNS & SYMPTOMS



**Abnormal bleeding**



**Unusual discharge from the vagina**



**Pain in the pelvis or other pain during sex**

# SCREENING GUIDELINES

Based on recommendations under the United States Preventive Services Task Force (USPSTF):

- People with a cervix aged 21-29: Pap smear every 3 years
- People with a cervix aged 30-65: Pap smear every 3 years or HPV test every 5 years, or both tests together every 5 years
- People with a cervix aged 65 and older: No screening if history of regular normal screening

# PREVENTION

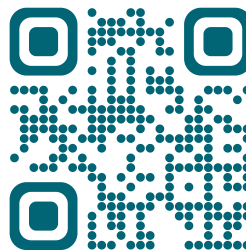
- Get the HPV vaccine
- Quit smoking
- Practice safe sex
- Exercise regularly
- Eat healthy foods
- Stay up-to-date on your screening

## WE CAN HELP YOU:

- Find a cancer doctor
- Access clinical trial options or enrollment
- Get connected to services available at UMN hospitals and clinics
- Receive resources for patients, families, and caregivers

**Call (612) 624-2620 or email [ccinfo@umn.edu](mailto:ccinfo@umn.edu)**

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