**CERVICAL CANCER**

**with the Masonic Cancer Center**

**RISK FACTORS**
- Smoking
- HPV (human papillomavirus)
- Immunocompromised

**SIGNS & SYMPTOMS**
- Abnormal bleeding
- Unusual discharge from the vagina
- Pain in the pelvis or other pain during sex
SCREENING GUIDELINES

Based on recommendations under the United States Preventive Services Task Force (USPSTF):

- People with a cervix aged 21-29: Pap smear every 3 years
- People with a cervix aged 30-65: Pap smear every 3 years or HPV test every 5 years, or both tests together every 5 years
- People with a cervix aged 65 and older: No screening if history of regular normal screening

PREVENTION

- Get the HPV vaccine
- Quit smoking
- Practice safe sex
- Exercise regularly
- Eat healthy foods
- Stay up-to-date on your screening

WE CAN HELP YOU:

- Find a cancer doctor
- Access clinical trial options or enrollment
- Get connected to services available at UMN hospitals and clinics
- Receive resources for patients, families, and caregivers

Call (612) 624-2620 or email ccinfo@umn.edu