

6 REASONS TO GET THE HPV VACCINE

LIX SABABOOD OO LOO QAATO TALAALKA HPV

HPV IS A VERY COMMON VIRUS IN MEN AND WOMEN, AND IT IS NOT THE SAME AS HIV.

1

HPV WAA FAYRAS KU WADA DHACO RAGGA IYO HAWEENKA, LA MID SE MA AHAN HIV.

80% of people will get an HPV infection in their lifetime.

80% oo dadka waxaa ku dhaco infakshanka HPV-ga noloshooda ugu yaraan halmar.



PREVENTING CANCER IS BETTER THAN TREATING CANCER.

2

KANSARKA KA HORTAGGIISA AYAA KA FIIGAN DAAWAYNTIISA.

“Allah has sent down both the disease and the cure, and He has appointed a cure for every disease, so treat yourself medically” (PBUH)



“Allah wuxuu soo dajiyay xanuunka iyo daawada, xanuun kastana wuxuu u yeelay daawadiisa, marka is daaweeya” (SCW)

THE HPV VACCINATION IS SAFE AND EFFECTIVE.

3

TALAALKA HPV WAX KHATAR AH MALAHAN, SIDII LA RABAY AYUUNA U SHAQEEYAA.

You get the HPV vaccine to **prevent** HPV, not to treat HPV.

THE HPV VACCINE CAN PREVENT OVER **90% OF CANCERS** THAT ARE CAUSED BY HPV FOR MEN AND WOMEN.



Talaalka HPV-ga waxaad u qaadanaysaa inaad **ka hortagto**, ee ma ahan inaad iska daawayso.

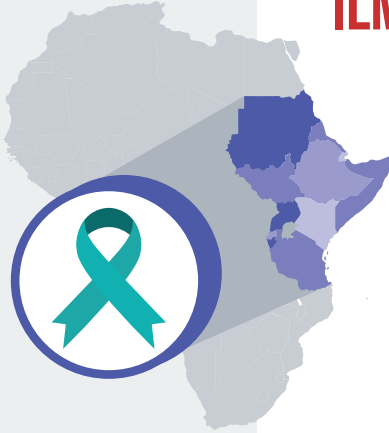
TALLAALKA HPV WUXUU KA HORTAGI KARAA IN KA BADAN **90% KANSARRADA** SABABTA U YAHAY HPV EE RAGGA IYO HAWEENKA.

TOGETHER WE CAN STOP CERVICAL CANCER!

4

SI WADAJIR AH WAXAAN U JOOJIN KARNAA KANSARKA ILMA-MAREENKA!

International studies have shown that East African women have the highest rates of cervical cancer in the world, making it even more important to prevent HPV.



Daraasado caalami ah ayaa waxay tusayaan in haweenka Bariga Afrika ay leeyihiin heerarka ugu badan adduunka ee kansarka ilma-mareenka ku dhaco, taasoo sii kordhinayso ahammiyadda ka hortagga HPV-ga.

HPV IS SPREAD THROUGH CLOSE PHYSICAL CONTACT, INCLUDING SEX.

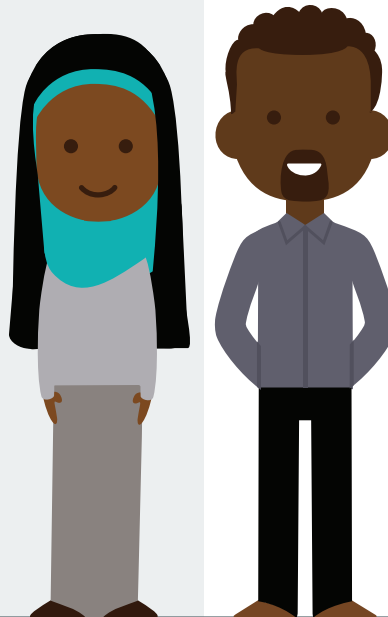
5

HPV WUXUU KU FAAFAA XIRIIRKA JIRKA EE DHOW, UU KA MID YAHAY GALMADA.

HPV is spread through close physical contact, including sex.

You can still get HPV even if you only have one sexual partner in your lifetime.

YOU DO NOT HAVE TO BE SEXUALLY ACTIVE TO GET THE VACCINE.



HPV-ga wuxuu ku faafaa xiriirka jirka ee dhow, uu ka mid yahay galmada.

HPV-ga wuu kugu dhici karaa xitaa markaad leedahay hal lammaane oo kaliya ood galmada wadaagtaan intaad nooshahay.



UMA BAAHNID INAAD GALMO AHAAN FIRFIRCOON TAHAY SI AAD TALLAALKA U QAADATO.

VACCINATE TODAY FOR A HEALTHY TOMORROW.

6

MAANTA IS TALLAAL, SI AAD BERRITO U HESHO CAAFIMAAD-QAB.

Vaccinating today, protects your health in the future, including your reproductive health.



Talaalka maanta aad qaadato, wuxuu ilaaliyaa cafimaadkaaga mustaqbalka, oo ka mid yahay cafimaadka tarankaaga.